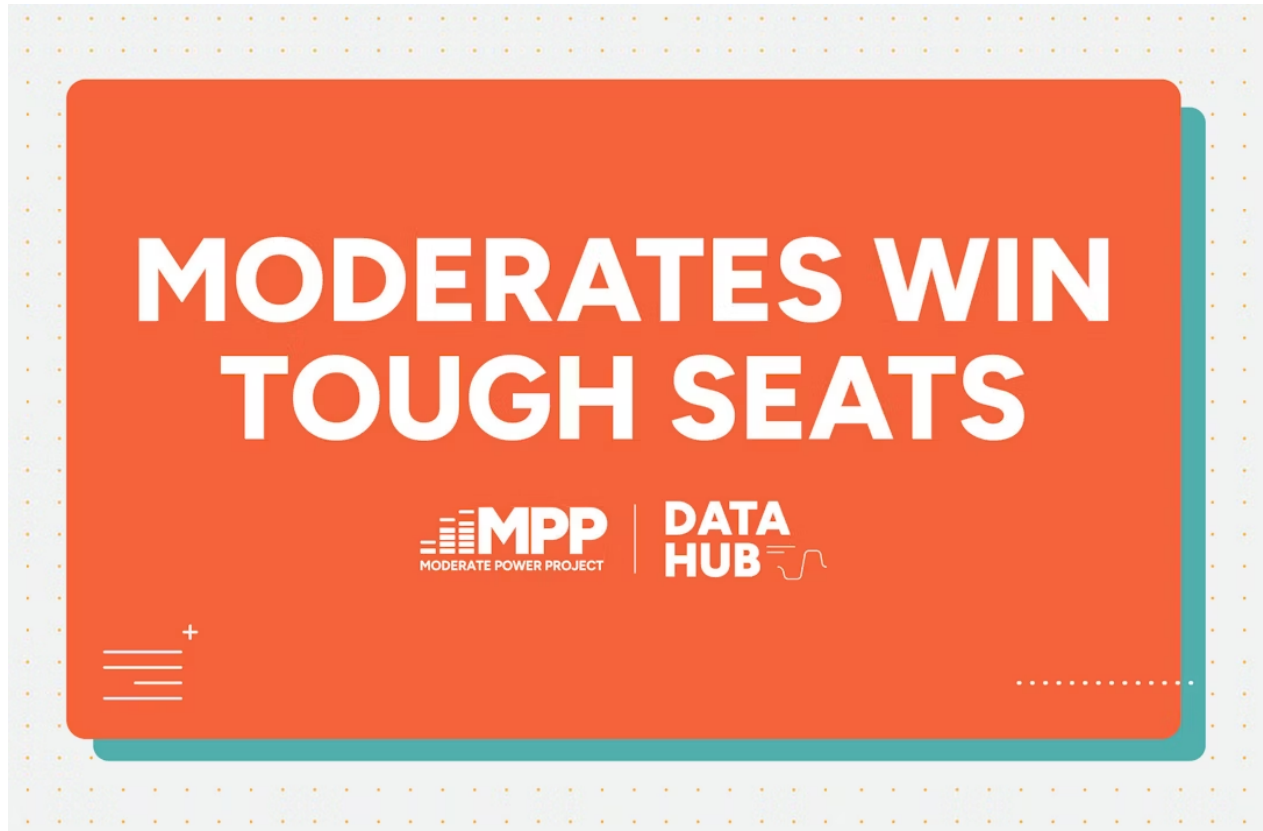


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Moderates Win Tough Seats



Third Way,

The Moderate New Democrats Have Flipped 50 Seats from Red to Blue Since 2018

The New Democrat Action Fund has flipped 50 seats blue, while the far-left organizations such as Our Revolution and Justice Democrats have not flipped a single Republican-held seat blue over the last four cycles.

RED SEATS FLIPPED

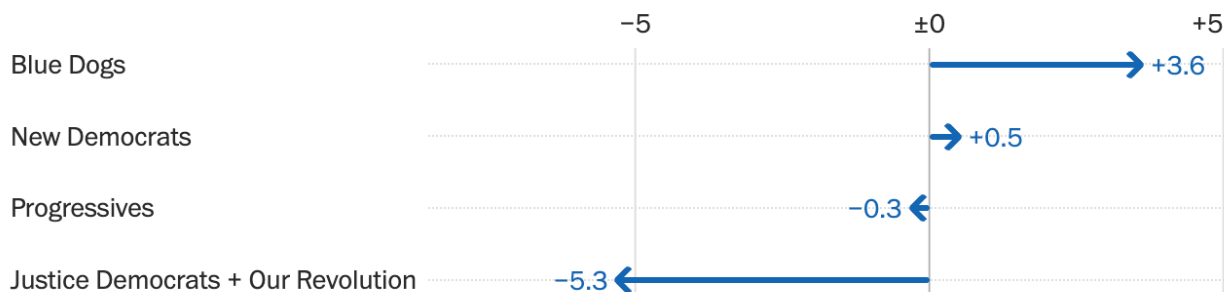


2018	2020
32	3
2022	2024
7	8

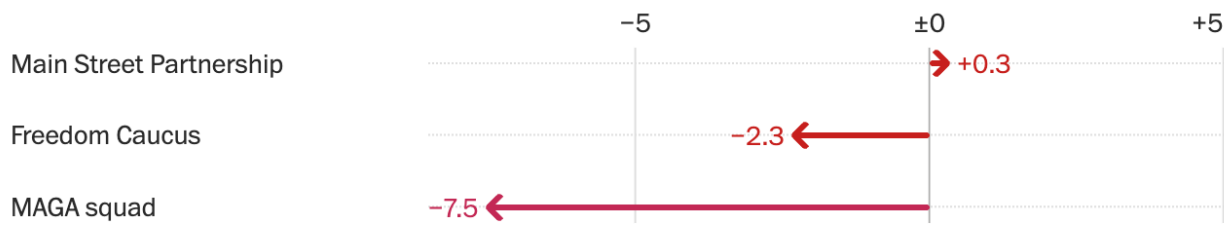
Moderate New Democrats and Blue Dogs Overperform Progressives, Justice Democrats, and Our Revolution

The centrist New Democrats and Blue Dogs overperformed race fundamentals by 0.5 percentage points and 3.6 percentage points, respectively. Meanwhile, Democratic incumbents endorsed by Our Revolution and Justice Democrats, two leading left-wing groups, saw margins that were on average five percentage points narrower than fundamentals suggest they ought to have been. – [Split Ticket via The Washington Post](#)

DEMOCRATS



REPUBLICANS



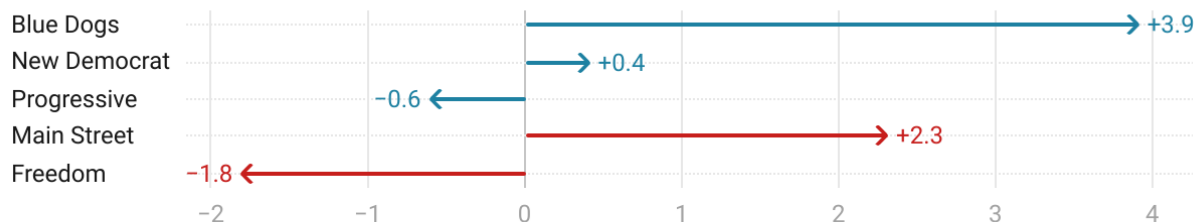
Source: Split Ticket

From 2018 to 2024, the More Moderate a Congressional Caucus Was, the Better Their Members Overperformed

From 2018 to 2024, the moderate Blue Dogs were the best Democratic caucus in overperformance of expectations, with the moderate New Dems close behind. Blue Dogs did 3.9 points better, on average, from 2018 to 2024, and overperformed progressives by 4.5 points, with New Dems overperforming progressives by one point. – [Split Ticket](#)

2018-2024 House Wins Above Replacement By Caucus

How different ideological groups of House incumbents did, on average, in each cycle between 2018 and 2024, by Split Ticket's Wins Above Replacement metric



Source: Split Ticket • Created with Datawrapper

Frontliners and NewDems Overperformed Harris

DCCC Frontline Democrats, who ran in the most competitive House races in 2024, overperformed Kamala Harris by 4.5 percentage points, with 28 Frontliners overperforming Harris in their districts. Non-incumbent NewDem candidates ran neck and neck with Harris, with 26 candidates overperforming her in their districts.

Frontline Democrats Who Overperformed Harris

District	Democratic Candidate	House Overperformance	House Margin	Presidential Margin	Status
NY-18	Pat Ryan	11.2%	D+13.6	D+2.4	Dem Hold
AK-AL	Mary Peltola	10.7%	R+2.4	R+13.1	GOP Flip
ME-02	Jared Golden	10.2%	D+0.7	R+9.5	Dem Hold
NY-03	Tom Souzzi	8.3%	D+3	R+5.3	Dem Hold
IN-01	Frank Mrvan	8.2%	D+8.5	D+0.3	Dem Hold
MN-02	Angie Craig	7.6%	D+13.5	D+5.8	Dem Hold
OH-09	Marcy Kaptur	7.3%	D+0.6	R+6.7	Dem Hold
WA-03	Marie Gluesenkamp Perez	7.2%	D+3.9	R+3.3	Dem Hold
TX-34	Vicente Gonzalez	7.0%	D+2.6	R+4.4	Dem Hold
PA-08	Matt Cartwright	6.9%	R+1.6	R+8.5	GOP Flip

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Source: Analysis of 2024 election results and Drew Savicki’s “2024 Pres by CD” analysis.

NewDem Candidates Who Overperformed Harris

Search in table

District	Democratic Candidate	House Overperformance	House Margin	Presidential Margin	Status
NY-16	George Latimer	9.9%	D+43.0	D+33.1	Dem Hold
MI-08	Kristen McDonald Rivet	8.6%	D+6.6	R+2.0	Dem Hold
IA-01	Christina Bohannon	8.3%	R+0.2	R+8.5	GOP Hold
NJ-09	Nellie Pou	6.0%	D+4.9	R+1.1	Dem Hold
AZ-02	Jonathan Nez	6.0%	R+9.0	R+14.9	GOP Hold
CA-13	Adam Gray	5.5%	D+0.1	R+5.4	Dem Flip
CO-03	Adam Frisch	4.7%	R+5	R+9.7	GOP Hold
WI-03	Rebecca Cooke	4.7%	R+2.7	R+7.4	GOP Hold
PA-10	Janelle Stelson	3.9%	R+1.3	R+5.2	GOP Hold
MT-01	Monica Tranel	3.8%	R+7.7	R+11.5	GOP Hold

Source: Analysis of 2024 election results and Drew Savicki’s “2024 Pres by CD” analysis.

TOPICS

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